

Before School - 7:30am - 8am

Day	Activity	Location	Teacher
Monday	Circuit GCSE (all years welcome)	Sport shall	Miss McLeod
Tuesday	Badminton (all years welcome)	Sports hall	Miss McLeod
Wednesday	Fitness	Fitness Suite	Miss McLeod
Friday	Circuit GCSE (all years welcome)	Sport shall	Miss McLeod

Lunch - 1:15pm - 2pm

Day	Activity	Location	Teacher
Monday	Dodgeball	Sports hall	Miss Berry
	Football	Astroturf	Mr Williamson
Tuesday	Fitness	Fitness suite	Miss McLeod
	Karate	Multi-Purpose Room	Coach / Miss McLeod
	Year 7 & 8 Badminton	Sports hall	Mrs Berry
Wednesday	Cricket	Sports hall	Mr Millington
Thursday	Fitness	Fitness suite	Miss Berry
	Year 9, 10, & 11 Badminton	Sports hall	Miss McLeod
	Volleyball	Sports Hall	Miss Gore
Friday	Fitness	Fitness suite	Miss McLeod
	Karate	Multi-Purpose Room	Coach / Miss McLeod
	Athletics	Sports hall	Miss Gore

After School - 3:15pm - 4:15pm

Day	Activity	Location	Teacher
Monday	Basketball	Sports hall	Coach / Miss Gore
Tuesday	Football	Field / Sports hall	Coach / Miss McLeod
	Zumba	Multipurpose Room	Miss McLeod
Wednesday	Handball	Sports hall	Miss McLeod Mrs Kerr
Thursday	Rounder's	Field	Mrs Berry
	Tennis	Astro-turf	Ms Johnson
Friday	Boxing	Sports hall	Coach / Miss McLeod
	Fitness	Fitness Suite	Miss Kerr