

Energy Box Kids Timetable

Day	Time	Age	Activity	Provider	Contact	Cost (if known)
Monday	6-7pm	5-15yrs	Think Forward Football	DDSM	Nathan 07914084460	£5
	7:30-8:30pm	7-16yrs	Karate	Ashton & Manchester Karate School	Kevin 0161 344 0853	£5
Tuesday	4:15-6pm	8-16yrs	Chance to Shine Cricket (Girls Only)	LCCC	Melissa 07889167048	FREE
	6-7pm	4-11yrs	Soccer Academy	Primary Sports Coaching	07597821198	£5
Wednesday	4:30-6pm	14-19yrs	Girls only handball	Trafford Handball	Aggy 07864114912	£2
	7-8pm	8-16yrs	Kickboxing	Skorpion Kickboxing	Wez 07847 764535	£5
Thursday	6-7pm	4-9yrs	Think Forward Futsal	DDSM	Nathan 07914084460	£5
	7-8pm	10-16yrs		DDSM		
Friday	6-7pm	6-13yrs	Quinton Fortune Football Academy	QFA	Leon 07393748486	£10
	6-7pm 7-8pm	7-11yrs 11-16yrs	Junior Badminton	Energy Box Energy Box	0161 224 5787	£2 (£1 for additional siblings)
Saturday	9:15-10am	2-4.5yrs	Kickers Club	DDSM	Nathan 07914084460	£5
	10-11am	5-7yrs	Kickers Club	DDSM		
	10-11am	5-11yrs	Wildcats Girls Football	Kingsway Athletic	Shauna 07847764535	£3
	10-12noon	5yrs+	Karate	Karate Fighters Academy	Amir 07890546060	£5
	12-1pm	4yrs+	Dance	Madeley School of Dance	Katie 07739543017	Unknown
1-2:30pm	8-16yrs	Kickboxing	Skorpion Kickboxing	Wez 07847 764535	£6	
Sunday	2-3pm	4-6yrs	Taekwon-Do	Ardwick, Levenshulme & Longsight Children's Taekwon-Do Club	Shabir 07309 073018	£4.50
	3-4pm	7yrs+				

