



EASTER ACTIVITIES

March 2020




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COPING CALENDAR: KEEP CALM. STAY WISE. BE KIND

30 actions to look after ourselves and each other as we face this global crisis together. Please use & share 

- | | | | | | | |
|---|--|---|---|---|---|--|
| 1 Make a plan to help you keep calm and stay in contact | 2 Enjoy washing your hands. Remember all they do for you! | 3 Write down ten things you feel grateful for in life and why | 4 Stay hydrated, eat healthy food and boost your immune system | 5 Get active. Even if you're stuck indoors, move & stretch | 6 Contact a neighbour or friend and offer to help them | 7 Share what you are feeling and be willing to ask for help |
| 8 Take five minutes to sit still and breathe. Repeat regularly | 9 Call a loved one to catch up and really listen to them | 10 Get good sleep. No screens before bed or when waking up | 11 Notice five things that are beautiful in the world around you | 12 Immerse yourself in a new book, TV show or podcast | 13 Respond positively to everyone you interact with | 14 Play a game that you enjoyed when you were younger |
| 15 Make some progress on a project that matters to you | 16 Rediscover your favourite music that really lifts your spirits | 17 Learn something new or do something creative | 18 Find a fun way to do an extra 15 minutes of physical activity | 19 Do three acts of kindness to help others, however small | 20 Make time for self-care. Do something kind for yourself | 21 Send a letter or message to someone you can't be with |
| 22 Find positive stories in the news and share these with others | 23 Have a tech-free day. Stop scrolling and turn off the news | 24 Put your worries into perspective and try to let them go | 25 Look for the good in others and notice their strengths | 26 Take a small step towards an important goal | 27 Thank three people you're grateful to and tell them why | 28 Make a plan to meet up with others again later in the year |
| 29 Connect with nature. Breathe and notice life continuing | 30 Remember that all feelings and situations pass in time | <p> “Everything can be taken from us but one thing: the freedom to choose our attitude in any given set of circumstances” ~ Viktor Frankl</p> | | | | |



ACTION FOR HAPPINESS



www.actionforhappiness.org

Find out more about the Ten Keys to Happier Living, including books, guides, posters and more here: www.actionforhappiness.org/10-keys

How to Make a Time Capsule

What is a Time Capsule?

A time capsule is a container that holds present day items, such as photos, newspapers, letters and more.

It's typically hidden away for your future self or someone of your choosing to open. This is perfect as a gift to yourself.

Shoeboxes are great for indoor safekeeping, while weather-resistant boxes/jars are best for the outdoors.

How to Make Your Time Capsule



1. Choose Your Container

Choosing your container depends on how long you are planning on keeping it hidden. This is a great opportunity for your little ones to get involved.

Pick out the container and then decorate it before it's filled.

2. Decide Where You'll Store It

For indoor storage, a shoe box, wooden box, large plastic storage container or even a large jar will work.

You might want to gather all of your time capsule items together first to determine the amount of storage space you'll need.

For outdoor safekeeping, consider a weatherproof, non-biodegradable container such as an old metal biscuit tin. Make sure this is secured before hiding or storing your box outside.

Bury your time capsule in a garden under dirt where little to no rain hits.

Time Capsule Ideas

A meaningful time capsule should be both personalized and fun!

You could also include a notebook with thoughts over the past few weeks. The options are endless!

Here are a few more ideas on items you can include in your time capsule,

DIY Time Capsule Ideas:

Your favourite fashion trends from a magazine

A newspaper

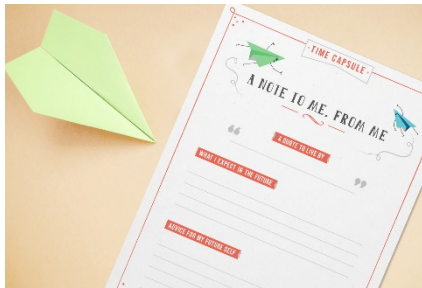
Certificates/ribbons from sports games

School papers/art projects

Photos from the past year/years

A book with a special note

Now that you've gotten your box full of memorabilia, it's time to add personalized messages.



A Note to Me, from Me

This can be a future note to your future self that you write yourself.

Offer a piece of wisdom to your future self, and write something you expect for the future.



A Message for a Wiser, Older You

This can be from members of your family who are important in your life



My Favourites

Write down your favourites of the year, like favourite colour and book. This is a fun way to compare what was trending and what you liked in previous years. When you unearth the time capsule, ask yourself if anything has stayed the same!



Goals for the Year

Write down your thoughts and goals for the year ahead, and then the next five and 10 years. Depending on when you open your time capsule, you can see how much you've accomplished.

One year or many years from now, you will open your time capsule and glimpse a frozen moment of good times with loved ones. This personally-designed time capsule preserves a moment in time, with special memories, dreams and aspirations for your future.

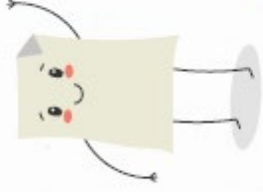

· TIME CAPSULE ·

A NOTE TO ME, FROM ME

A QUOTE TO LIVE BY

WHAT I EXPECT IN THE FUTURE

ADVICE FOR MY FUTURE SELF



· TIME CAPSULE ·



A MESSAGE FOR A WISER, OLDER YOU

WHAT I LOVE ABOUT YOU

HOPES I HAVE FOR YOUR FUTURE

VALUES I HOPE YOU POSSESS

LOVE,



· TIME CAPSULE ·

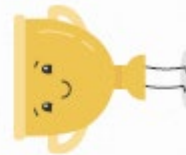
GOALS FOR THE YEAR



MY GOALS FOR

MY GOALS FOR THE NEXT 5 YEARS

MY GOALS FOR THE NEXT 10 YEARS

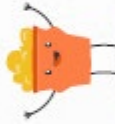


· TIME CAPSULE ·

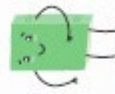
MY FAVORITES



COLOR



MOVIE



BOOK



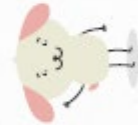
EMOJI



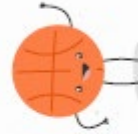
TREAT



TOY



FRIEND



ACTIVITY

How to create a family Easter Egg Hunt

An Easter Egg hunt can take place inside your house or in the outdoor space around your house, depending on the weather.

Decide where you will hide the eggs for the hunt and hide them without anyone seeing you. To make it more interesting you could write out clues as to where the eggs are hidden:

Outdoor Clues for everyone

I sit very still when I don't have a rider, check under my tires to get what you desire. **(car)**

Fill me with seeds and put me up high, my guests come from up in the sky. **(bird feeder)**

On a hot day, I give you a shady seat. Come sit here now to find what you seek. **(tree)**

Use me to give plants a drink, you fill me up from the kitchen sink! **(watering can)**

I am where you throw out waste and people say I'm nasty and yuck. But if you don't find your clue you'll be out of luck! **(rubbish bins)**

I've got charcoal in my belly, and metal feet. Once I am hot, it's time to eat. **(BBQ)**

Use me to cool down the ground on a hot day, I am long and effective I must say. **(hose)**

Reach new heights by swinging on my seat, a regular chair just can't compete. **(swing)**

I separate your house from your neighbours, and I am made from wood. **(fence)**

Outdoor Clues for Younger children

I have windows and doors but I am not your house! I go vroom vroom and love to be ridden. **(car)**

You step on me every day before you leave. **(door mat)**

I hold food for birdies outside, check my opening for a special treat! **(bird feeder)**

I am green and I grow, and what you mow! **(grass)**

I love the outside, and have many green leaves. I grow big and tall and you love to climb on me! **(tree)**

Don't touch me if I'm on. I am where adults cook outside. **(BBQ)**

I hold flowers in my base, and love to be watered. **(flower pot)**

I am where the car is parked indoors **(driveway)**

Indoor Clues for everyone

Look under where you wipe your shoes. **(front door mat)**

I am where you watch your favourite show, and at night I like to glow. **(TV)**

I am always running but have no legs. I am cold and white and always have a light. **(fridge)**

Turn me on and you can see, turn me off to let the night be. **(light)**

I have hands but no arms, just a face and my hands move at a steady pace. **(clock)**

I have a sound that goes beep, and my main function is to heat. **(microwave)**

Keep your stinky socks in me, and any dirty clothing that comes to be! **(laundry basket)**

I'm full of paper and ink, but I am not a book like you might think. **(printer)**

I am under the place where your head rests, after a long day of taking tests. **(pillow)**

Go out with a bang and find your last clue in the place your clothes hang. **(wardrobe/cupboard)**

Indoor Clues for younger children

Find me in the kitchen, I'm a big cold and possibly white. **(fridge)**

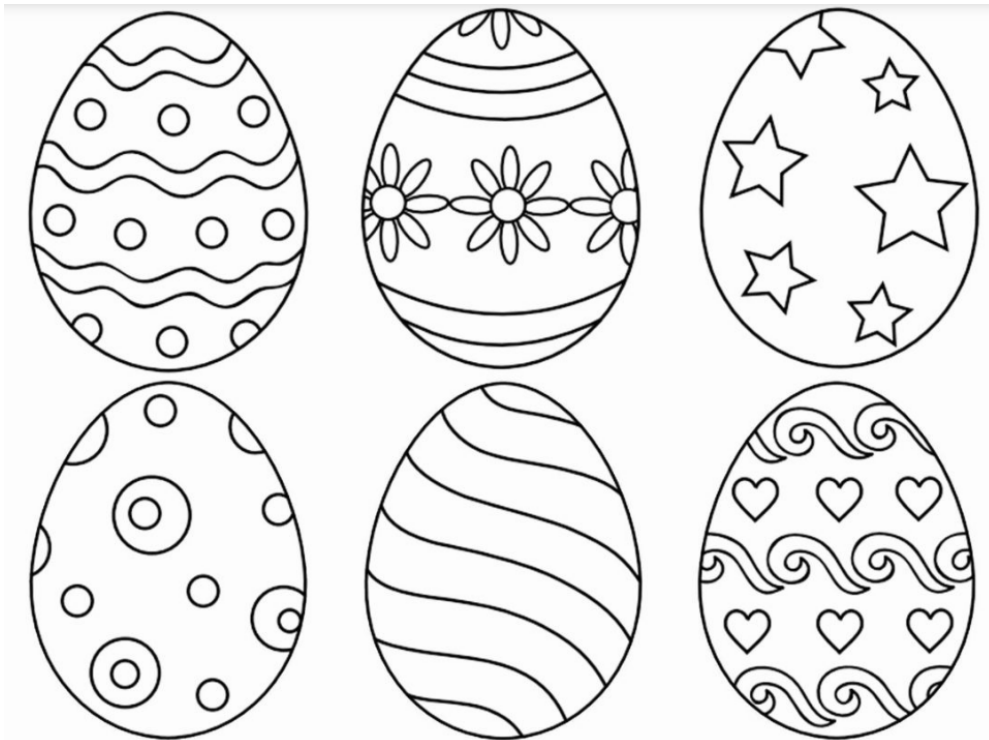
I make a ticking sound and tell you the time. **(clock)**

I make a beeping sound when your food is done. **(microwave)**
I turn on when you want to watch your favourite show. **(TV)**
I hold the books you like to read. **(book shelf)**
Check the item that you put on your feet to go outside! **(shoes)**
You put bread in me, and it comes out nice and crispy. **(toaster)**
I wash your clothes and go around and around. **(washing machine)**
Find me when you need to know how to spell a word. **(dictionary)**

Plan for 15 to 20 eggs per person for your Easter egg hunt. If the children are young, 10 eggs each is enough.

If possible glue your completed eggs to some cardboard (a cut up empty cereal box will work for this).

Use the templates to cut out and colour your eggs ready for the hunt – younger children could help with this or cut out and use the coloured eggs.





Write a film or book review

A general guideline is that a review shouldn't be fewer than 100 words and possibly 500 words or even more – you decide

How do you create a title?

The title of the review should convey your overall impression. Strong titles include these examples:

"Full of action and complex characters"

"A nail-biter that will keep you hooked"

"Beautiful illustrations with a story to match"

"Perfect for animal lovers"

What the reader ought to know

What kind of book/ film is it? (Picture book? Historical fiction? Nonfiction? Fantasy? Adventure?)

Does the book/film belong to a series?

How long is the book/film? Is it an easy or a challenging read?

What ages is the book/film geared to?

What happens?

Writing about the plot is the trickiest part of a review because you want to give the reader a feel for what the book/film is about without spoiling it for others. The most important thing to remember is that you must never give away the ending. No one likes a spoiler!

Characters - who lives in the book/film?

Reviews should answer questions about the characters in the book/film. Some possible questions to answer include:

Who are the main characters? Include the protagonist and antagonist.

What makes them interesting?

Do they act like real people act or are they too good or too evil to be believable?

Are they human?

What conflicts do they face?

Are they likeable or understandable?

How do they connect with each other?

Do they appear in other books?

Could you relate to any of the characters in the story?

What problems did the main characters face?

Who was your favourite character, and why?

Theme - what is the book/film about at its heart?

What is the book /film really about? This isn't the plot, but rather the ideas behind the story. Is it about the triumph of good over evil or friendship or love or hope? Some common themes include: change, desire to escape, facing a challenge, heroism, the quest for power, and human weaknesses.

Sometimes a book/film will have a moral — a lesson to learn. If so, the theme is usually connected to that moral. As you write about the theme, try to identify what makes the

book/film worth reading/watching. What will the audience think about long after the book/film is finished?

Setting - where are we?

The setting is the time and place the story occurs. When you write about the setting in a review, include more than just the location. Some things to consider:

Is the book/film set in the past, present or future?

Is it set in the world we know or is it a fantastical world?

Is it mostly realistic with elements of fantasy (animals that can talk, for example)?

Opinion & analysis - what do you really think?

This is where the reviewer shares their reactions to the book/film that go beyond the essential points described above. You may spend half of the review on this section. Some possible questions to address include:

Why do you think others would enjoy it? Why did you enjoy it (if you did) or why didn't you (if you didn't)?

What ages do you think would like the book/film?

How does it compare with other books/films that are in the same genre or by the same author?

Does the book/film engage your emotions? If a book/film made you laugh or cry or think about it for days, be sure to include that.

What do you like or dislike about the style? Is it funny? Is it hard to follow? Is it engaging and conversational in tone?

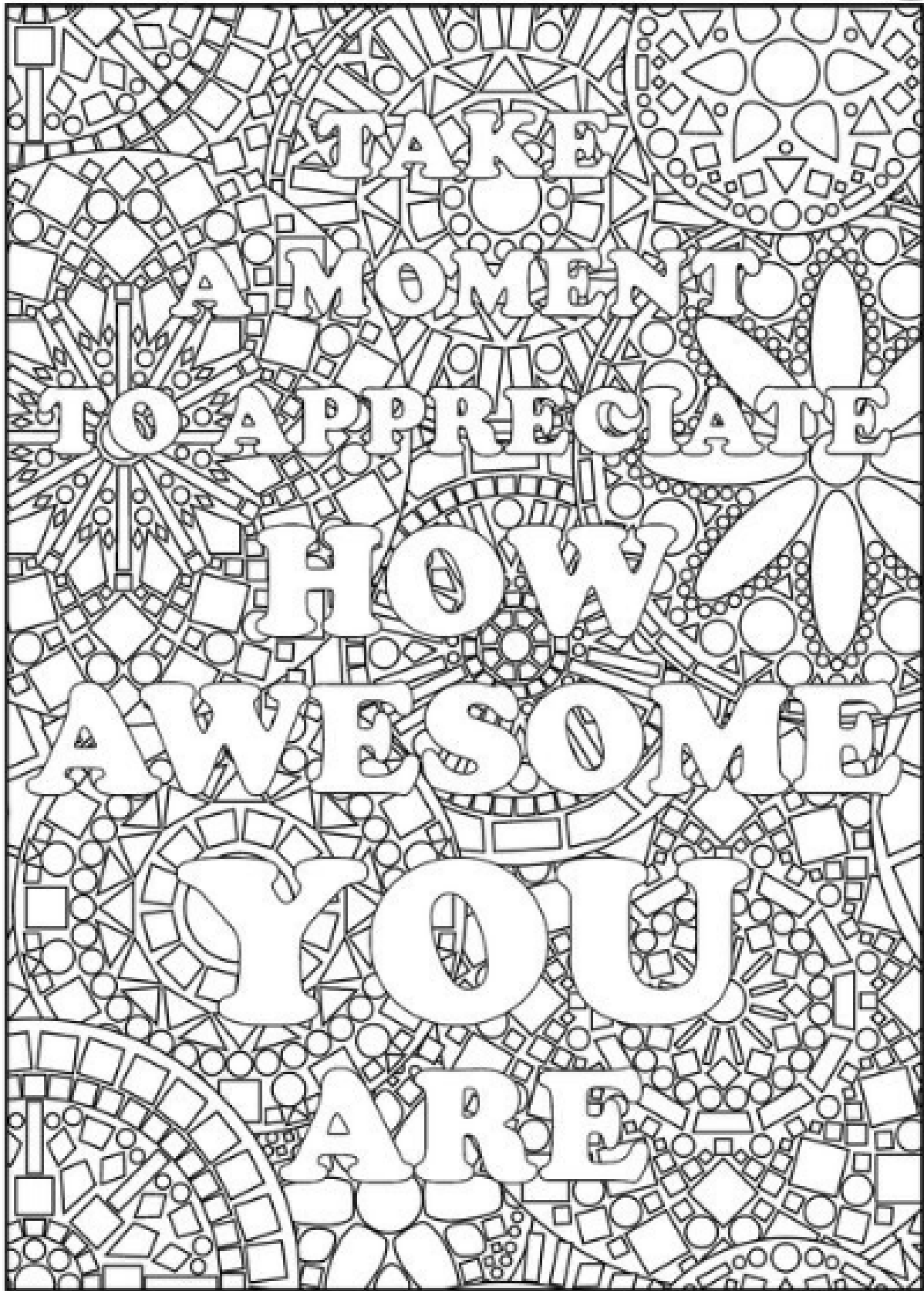
Did the book/film feel complete, or did it feel as though key elements were left out?

Are there parts that are simply not believable, even allowing for the audiences understanding that it is fiction or even fantasy?

Are there mistakes?

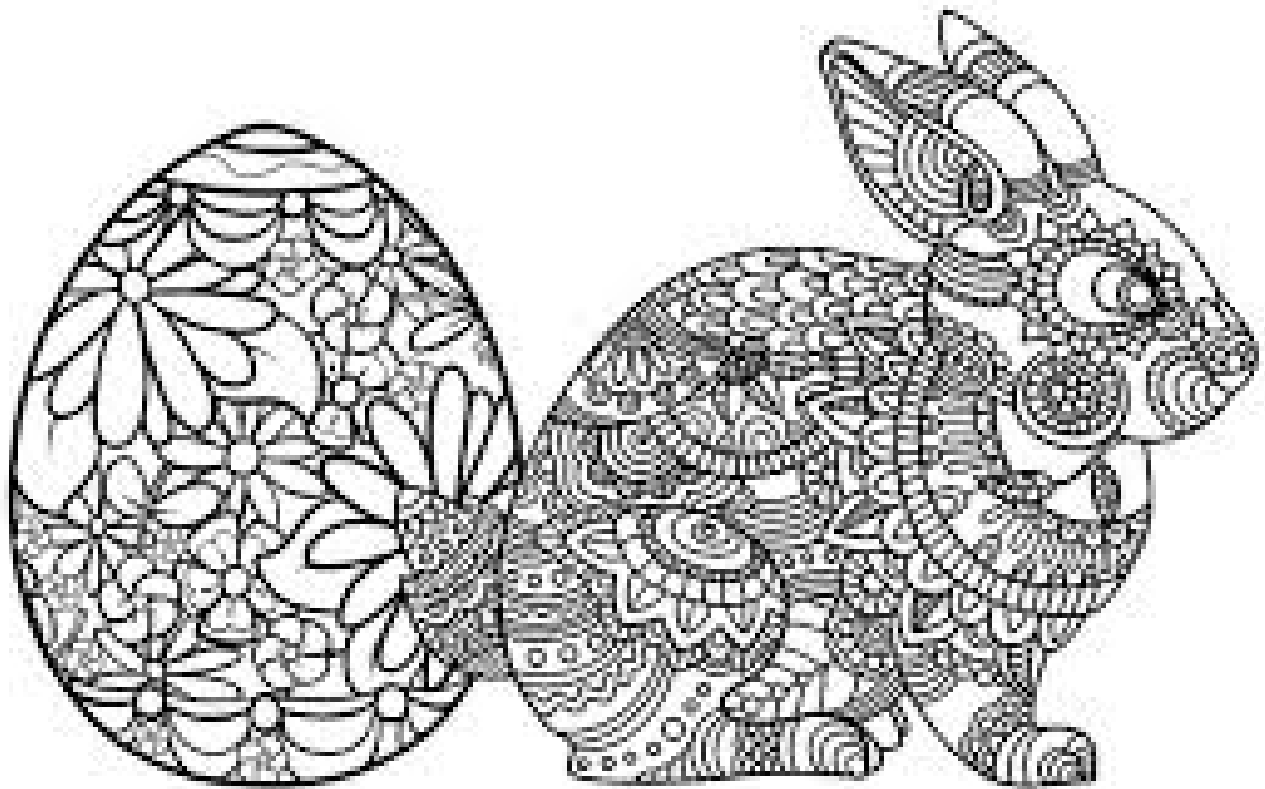
What was your favourite part of the book/film?

Would you have done anything differently had you produced the book/film?









Sudoku

Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 “squares” (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square.

Easy puzzles

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Medium Puzzles

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| 3 | 1 | | | 9 | 4 | 7 | | |
| | 9 | 4 | | | | | | 7 |
| | | | | | | | | |
| 2 | | | | | | 8 | 9 | |
| | | 9 | 5 | 2 | | | 4 | 1 |
| 4 | 2 | | 1 | 6 | 9 | | | |
| 1 | 6 | | 8 | | | | | 7 |

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| 1 | 4 | | 5 | | 6 | 3 | | |
| 3 | | | | | | | 8 | |
| 9 | 8 | 2 | 4 | 1 | 3 | | | |
| | | | 8 | | | | | 9 |
| | 7 | 6 | 3 | | | 1 | 2 | |
| 8 | | | | | 1 | | | |
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| 2 | 6 | | 9 | 1 | | 5 | | |
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| 8 | | | | | | | | 1 |
| 5 | 4 | | 1 | 9 | | | | 2 |
| | | | | 2 | | 1 | 6 | |
| | | 2 | | 9 | 6 | | 3 | 5 |
| 3 | 8 | 6 | | | | | | |

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| | | | 3 | 5 | 1 | | 8 | 6 |
| 3 | 1 | | | 9 | 4 | 7 | | |
| | 9 | 4 | | | | | | 7 |
| | | | | | | | | |
| 2 | | | | | | 8 | 9 | |
| | | 9 | 5 | 2 | | | 4 | 1 |
| 4 | 2 | | 1 | 6 | 9 | | | |
| 1 | 6 | | 8 | | | | | 7 |

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| 9 | | | | | | | | 1 |
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| | | 4 | 9 | | 5 | | | 8 |
| | 8 | | | 6 | | | 9 | |
| 9 | | 4 | | 3 | 5 | | | |
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| 8 | | | | | 6 | | 2 | 1 |

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| 2 | | | 6 | 3 | | | 7 | 4 |

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Hard Puzzles

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| | | 4 | | | 8 | | |
| 5 | 2 | 9 | | | | | |
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| | | 8 | | | 3 | 6 | |
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Challenging puzzles

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| 4 | | | | | | 3 |
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| | | | 5 | | | |

Challenging Puzzle

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| 1 | | | 2 | 3 | 4 | | | 12 | | 6 | | | | 7 | |
| | | 8 | | | | 7 | | | 3 | | | 9 | 10 | 6 | 11 |
| | 12 | | | 10 | | | 1 | | 13 | | 11 | | | 14 | |
| 3 | | | 15 | 2 | | | 14 | | | | 9 | | | 12 | |
| 13 | | | | 8 | | | 10 | | 12 | 2 | | 1 | 15 | | |
| | 11 | 7 | 6 | | | | 16 | | | | 15 | | | 5 | 13 |
| | | | 10 | | 5 | 15 | | | 4 | | 8 | | | 11 | |
| 16 | | | 5 | 9 | 12 | | | 1 | | | | | | 8 | |
| | 2 | | | | | | 13 | | | 12 | 5 | 8 | | | 3 |
| | 13 | | | 15 | | 3 | | | 14 | 8 | | 16 | | | |
| 5 | 8 | | | 1 | | | | 2 | | | | 13 | 9 | 15 | |
| | | 12 | 4 | | 6 | 16 | | 13 | | | 7 | | | | 5 |
| | 3 | | | 12 | | | | 6 | | | 4 | 11 | | | 16 |
| | 7 | | | 16 | | 5 | | 14 | | | 1 | | | 2 | |
| 11 | 1 | 15 | 9 | | | 13 | | | 2 | | | | 14 | | |
| | 14 | | | | 11 | | 2 | | | 13 | 3 | 5 | | | 12 |

Challenging puzzle

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Easter baking

Chocolate Easter egg nest cakes



Ingredients

225g/8oz plain chocolate, broken into pieces

2 tbsp [golden syrup](#)

50g/2oz [butter](#)

75g/2³/₄oz cornflakes

36 mini [chocolate](#) eggs

Method

1. Line a 12-hole fairy cake tin with paper cases.
2. Melt the chocolate, golden syrup and butter in a bowl set over a saucepan of gently simmering water (do not let the base of the bowl touch the water). Stir the mixture until smooth.
3. Remove the bowl from the heat and gently stir in the cornflakes until all of the cereal is coated in the chocolate.
4. Divide the mixture between the paper cases and press 3 chocolate eggs into the centre of each nest. Chill in the fridge for 1 hour, or until completely set

Chocolate crispy cakes



Ingredients

5 caramel nougat [chocolate](#) bars, such as Mars bars, chopped

150g/5oz [butter](#), chopped, plus extra for greasing

100g/3½oz rice pops, such as Rice Krispies

75g/3oz plain [chocolate](#)

Method

1. Grease a 20cm/8in square, deep-sided tin with butter.
2. Suspend a large heatproof bowl over a pan of simmering water (do not allow the base of the bowl to touch the water).
3. Add the Mars bars and butter to the bowl and stir until melted, smooth and well combined. The mixture will curdle at first, but keep stirring (or use a whisk) and it will eventually become smooth.
4. Remove the bowl from the heat, add the Rice Krispies and fold until coated in the chocolate mixture.
5. Spoon the mixture into the prepared tin and press down to form an even layer, pushing the mixture into the corners and sides of the tin. Set aside to cool.
6. Meanwhile, suspend another heatproof bowl over the pan of simmering water (do not allow the base of the bowl to touch the water). Melt the chocolate in the bowl, then drizzle or spread it over the cooled chocolate crispy cake. Set aside to cool and harden.
7. Chill the chocolate crispy cake in the fridge until set, preferably overnight. Cut into squares while still in the tin, then remove from the tin, pile onto a plate and serve.

Iced biscuits



Ingredients

100g/3½oz unsalted [butter](#), softened at room temperature

100g/3½oz [caster sugar](#)

1 medium free-range [egg](#), lightly beaten

275g/10oz [plain flour](#)

1 tsp [vanilla extract](#)

To decorate

400g/14oz [icing sugar](#)

3-4 tbsp water

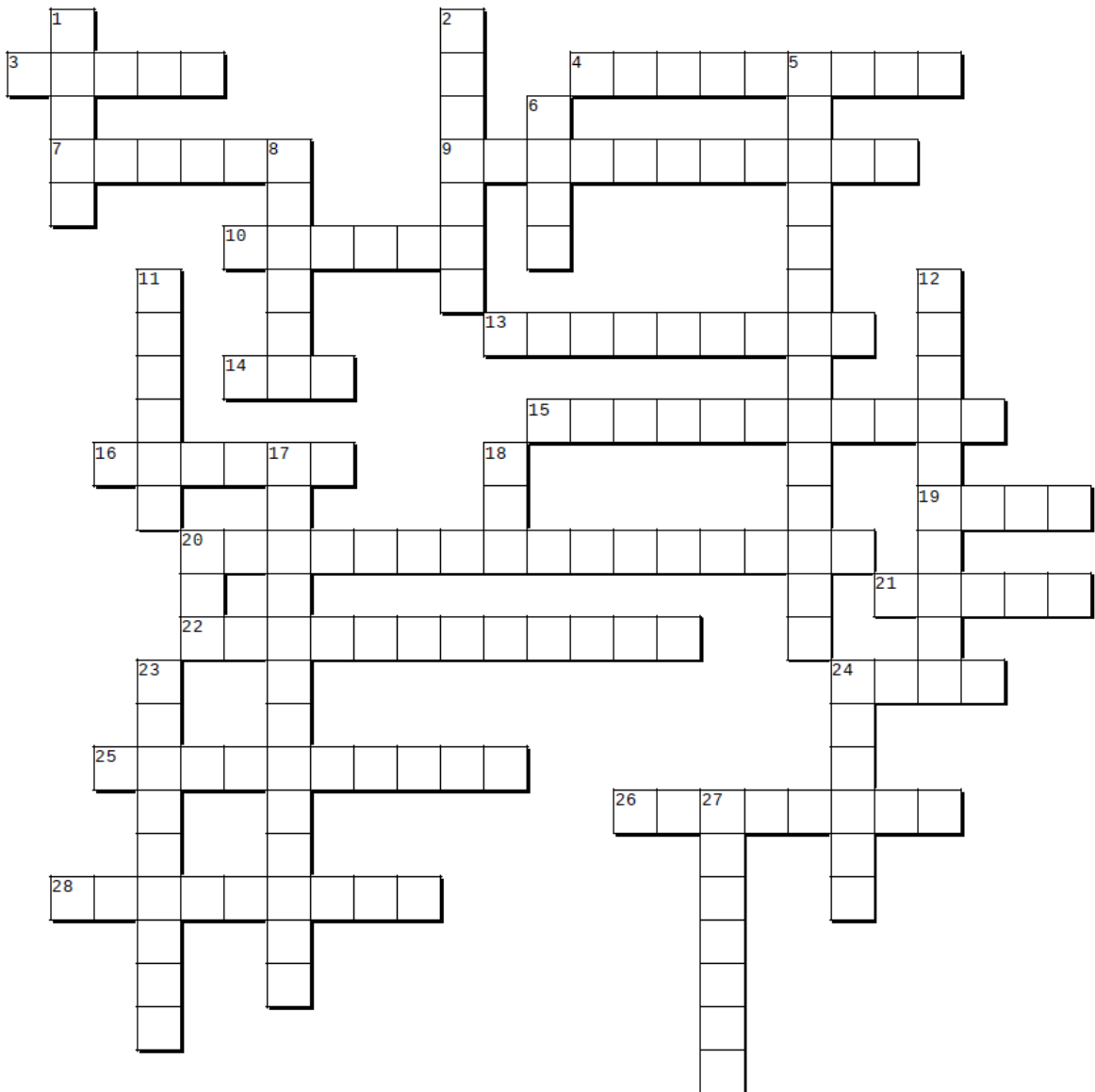
2-3 drops [food colourings](#)

Method

1. Preheat the oven to 190C/170C Fan/Gas 5. Line a baking tray with greaseproof paper.
2. Cream the butter and sugar together in a bowl until combined.
3. Beat in the egg and vanilla extract, a little at a time, until well combined.
4. Stir in the flour until the mixture comes together as a dough.
5. Roll the dough out on a lightly floured work surface to a thickness of 1cm/½in.
6. Using biscuit cutters, cut biscuits out of the dough and carefully place onto the baking tray.
7. Bake for 8-10 minutes, or until pale golden-brown. Set aside to harden for 5 minutes, then cool on a wire rack.
8. For the icing, sift the icing sugar into a large mixing bowl and stir in enough water to create a smooth mixture. Stir in the food colouring.
9. Carefully spread the icing onto the biscuits using a knife and set aside until the icing hardens.

Crossword puzzles

Test your Minecraft Knowledge



Across

- 3.** Where you live.
- 4.** Where you find your things.
- 7.** We like to hop.
- 9.** I have 5 attack damage; what am I ?
- 10.** He's dead, but he will still get you!
- 13.** These guys are all bones.
- 14.** I do all the new Minecraft updates.
- 15.** Make it disappear.
- 16.** The minecraft version of popular songs.
- 19.** What you change when you are no longer Steve.
- 20.** Mix this on your crafting table.
- 21.** I invented Minecraft.
- 22.** I only have 4 attack damage; what am I?
- 24.** A modification you can download.
- 25.** I have 250 durability; what am I?
- 26.** Mine stone with me.
- 28.** What you get when you craft with paper, gunpowder, and dyes.

Down

- 1.** Build this to keep safe.
- 2.** Beware of this mean creature.
- 5.** Download me for lots of cool stuff!
- 6.** A peaceful creature.
- 8.** This block substitutes for water.
- 11.** This block is only found in a mod or with commands.
- 12.** I'm not a very good sword.
- 17.** This sword is a girl's best friend.
- 18.** A name for a pink mob.
- 20.** This mob says Moo, can you?
- 23.** A glitch in some updates = Steve with white eyes.
- 24.** The original source of Minecraft.
- 27.** An evil, exploding creature.

Activities online

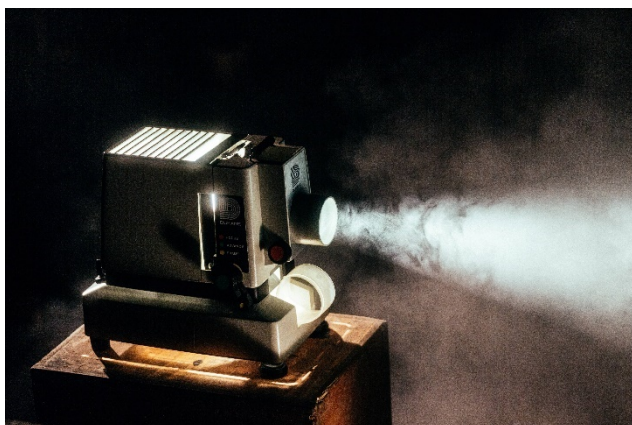
15 Free Online Learning Activities

1. Learn To Code With MIT

Young tech whizzes will love programming and creating their own interactive games, stories and animations with MIT's incredible learning site Scratch. They'll be encouraged to work systematically and think outside the box - perfect for getting those creative juices flowing. [Get started with your game](#) now and when it's done, share it with your friends and family so you can all play!

2. Calling All Spielbergs And Scorseses

If your older kids are into film, this [visual storytelling activity](#) is a great way to get their movie career started. Learn how directors bring ideas to life using Into Film's downloadable activity sheet and start using their techniques in your own work.



3. Become A Stonehenge Expert

The University of York has shared loads of [resources on Stonehenge](#), meaning you can become an archaeology expert within days! Learn all about how the art and science of archaeology has led us to discover the animals that lived around Stonehenge, the food that was eaten and the festivals that took place.

4. Tour The World's Museums Without Leaving Your House

Using the incredible Google Arts & Culture feature, you can tour the [British Museum](#) and the [Tate Modern](#) without even leaving your house! You can head even further afield and check out the [Van Gogh Museum](#) in Amsterdam or even the [American Museum of Natural History](#) in New York - there are no limits! Explore the museums' collections, discover their special online exhibits and maybe you'll find your new favourite artist or artefact. It's a great substitute until you can head out and explore the museums in person.

5. Listen To University Podcasts

If your teens are into learning about super niche topics, they'll love these podcasts, brought to you by lecturers, students and alumni from universities across the

country. Delve into the [mysteries of maths](#), explore [fantasy and animation films](#) and dive into the [history of rock 'n' roll](#).

6. Learn The Basics Of Music Theory

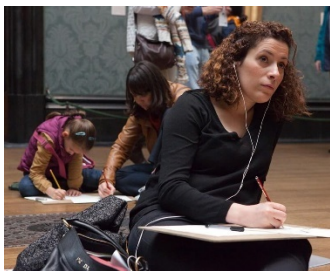
Are you musically minded? Have you always wanted to learn how to read sheet music? Now's your chance to get started! Learning the basics of music theory will help form better foundations and allow you to start reading music and maybe even write your own! Start by learning about [clefs and ledger lines](#), [note duration](#) and [measures and time signature](#) - all for free.

7. Experience The Magic Of Theatre From Your Own Living Room

Theatre fans, rejoice! Theatres across the world may be closed but you can still get your dose of drama as the National Theatre is streaming some of the best British theatre [on their YouTube channel](#) every Thursday at 7pm from 2nd April. It'll be uploaded to their channel after the livestream and will be available to view for a week after. Grab a snack and settle down for a cosy night of terrific theatre.

8. Art Aficionados, We've Got You Covered

New York's Guggenheim museum has just released [200 art history books](#) to view online for free. Independent learners will love diving into the seemingly endless choice, whether you want to study the work of the legendary [Van Gogh](#), pop art master [Roy Lichtenstein](#) or abstract icon [Kandinsky](#).



9. Pick Up Computer Programming Skills

Knowing how to code is a brilliant skill for teens to learn - every day we become more and more reliant on technology and it's fun to learn just how everything works. [Use Blockly](#) to learn the basics of computer programming in a unique visual way, using building blocks to represent different pieces of code.

10. Learn A New Language With Duolingo

Now you've got more time on your hands, why not do some independent study and [work on your language skills with Duolingo?](#) Duolingo is an interactive, points-based way to learn a modern language. Students will be able to choose from over 20 languages at varying levels, including French, Russian, Hindi and even Danish! You'll find it's almost addictive seeing your ranking go up every time you do your activities! Duolingo is available as a website and also as an app, which you may prefer, available to download for free from your phone's app store.

11. Find Out About Sound Fingerprints

Learn about how different sounds and musical instruments have their own 'sound fingerprint' in this innovative interactive activity. [With Chrome Music Lab's Spectrogram](#), students will be able to see how sound can be transformed into something visual. You can even turn on your microphone and see what your own voice 'looks' like!

12. Hey Alexa! How Do You Work?

Teens and young adults are always curious and often independent learners, so why not let them learn about things they're interested in? Head to How Stuff Works and find out how things work, everything from the [Amazon Echo](#) to [Star Wars](#), along with [climate](#), [vegetarian spiders](#) and everything in between.

13. These Maps Of The USA Have A Twist

Future geographers, social scientists and anthropologists will love the [American Panorama project](#). You'll see a range of different maps of the United States, all from different times and visualising different data, from migration to politics. Each map is interactive and animated, which means you can really explore the facts as you dive in, clicking through and watching the maps change.



14. You're A Poet And You Didn't Know It!

Join writer [Sarah Crossan](#) on Instagram every day for a live poetry workshop. She'll answer all your questions about writing and sometimes there will even be guests on the stream! You'll be given a daily challenge to get your poetic juices flowing and you'll be encouraged to share your work with her when you finish. If you don't catch the livestream it will be saved on Sarah's Instagram page usually as an IGTV video.

15. Thanks For Coming To Our TED Talk

You probably know TED for its famous conference talks, with everyone from politicians and actors to scientists and entrepreneurs. TED-Ed is their youth branch, with the goal to inspire children and teachers to share and celebrate ideas together. You'll find loads of [short, original animated videos](#) that answer all the questions you didn't even know you had, whether it's ["how do you build a tunnel underwater?"](#), ["who was the world's first author?"](#) or even ["why doesn't the Leaning Tower of Pisa fall over?"](#)

Visit a virtual museum! Go online and explore the collections.

<http://www.virtualfreesites.com/museums.museums.html>

Go on an online tour -parks

<https://artsandculture.withgoogle.com/en-us/national-parks-service/welcome?fbclid=IwAR1327B5YShvzfxZolMnnaaJaVfBiKS3C0DRitZgnCNloxUSelbKO9pXcl4>

Visit Chester Zoo live and watch the animals live from your living room - visit their YouTube channel

The zoo has also provided 50 different activities for you to continue your learning at home on animals, science and conservation, just follow the link

www.Chesterzoo.org/tozooathome

Celebrity Homeschool: 11 Free Lockdown Lessons Led By Celebs

PE with Joe Wicks

Streamed at 9am, daily

Fitness guru The Body Coach is leading a 30-minute livestream [on his YouTube channel](#) every morning with workouts created specifically for kids. Kick off your day with some exercise and keep your energy levels up!

Geography & Environmental Studies with Steve Backshall

Streamed at 9.30am, every Wednesday

Bring the wild into your living room with naturalist and TV presenter Steve Backshall! He'll be answering all of your burning questions about animals, conservation and the environment with his live Q&A broadcast across [Facebook](#) and [YouTube](#).

Maths with Carol Vorderman

Access anytime

Legendary Countdown alumnus and mathematician Carol Vorderman has opened up her incredible maths website [The Maths Factor](#) to the public, giving free access to 4-12 year olds until they go back to school.

Science with Maddie Moate and Greg Foot

Streamed at 11am, daily

[Join Maddie Moate from CBeebies' Do You Know](#) every day for a science lesson with a twist, all from the comfort of your own home! Let's Go Live features quirky garden activities, craft ideas and plenty of fun facts to keep little brains busy.

Dance with Oti Mabuse

Streamed at 11.30am, daily

Oti Mabuse is bringing some Strictly magic to your living room every morning with her [free daily livestreams](#) where she and Marius Lepure will be teaching you how to dance like a pro in just half an hour. Each day has a different theme - so far there's been Mary Poppins, Trolls and even Shrek!

English with David Walliams

Released at 11am, daily

Bestselling children's author and brilliant comedian David Walliams is releasing an audio version of one of his stories [each day on his website at 11am](#). When you've got a quiet moment during the day, settle down and listen to his hilarious 20-minute storytelling session and escape the world for a bit.

Food Tech with Jamie Oliver

Streamed at 5.30pm, daily

Chef Jamie Oliver is releasing new episodes every day of his [Keep Cooking and Carry On](#) series on Channel 4, focusing on how to make the most of what you've already got in the kitchen. Plus, Jamie's 9-year-old son Buddy has an [entire playlist on YouTube](#) dedicated to kid-friendly cooking that you can join in with.

History with Dan Snow

Access anytime

The History Guy Dan Snow is offering [free access to his website History Hit](#) for 30 days, which you can use to help stick to your history curriculum. You'll find documentaries on everything from Roman Britain to Jack the Ripper and everything in between.

Music with Myleene Klass

Released at 10am Monday, 6.30pm Wednesday, 10am Friday

Enrol in [Myleene's Music Klass](#), where she'll be posting 3 lessons a week to get your children's music abilities flowing. You'll learn all the basics about rhythm and reading music and who knows, you may even end up with some mini Mozarts by the time lockdown is over!

Story Time with Amy Adams, Chris Pratt and more

Access whenever

Loads of huge Hollywood stars have joined forces to bring you [Save With Stories](#) - an Instagram account where celebrities read their favourite children's stories and sing their favourite songs to keep your kids entertained.

Home Economics with Theo Michaels

Streamed at 4pm, Monday and Wednesday

Join Masterchef semi-finalist and TV chef Theo in a [live family-friendly cook-along](#) as you create something delicious from your cupboards. He usually posts the ingredients you'll need [on his website](#) beforehand, so you can check you have it all ready.

While we've done our best to make sure all the lesson times are correct, bear in mind they are subject to change - keep checking back for updates.

25 Best Classic Family Movies Locked Down

Netflix



My Neighbour Totoro (U)

Perfect for: kids aged 4-8 who love letting their imaginations run wild.

This classic animated film is perfect for a family movie night. Telling the story of a young girl, Mei, and her sister, as they encounter magical creatures in the forest, this warm-hearted tale is perfect for all ages. Mei encounters Totoro, a gigantic cuddly creature who helps them befriend the spirits in the nearby forest. Children will be amazed by the animation, which transports you into its own stunning world.

Shrek (U)

Perfect for: kids aged between 4 and 12 who love an adventure.

In this family favourite, the classic fairytale of a princess, a dragon, and an ogre is flipped on its head. Shrek, an ogre from a swamp, finds himself caught up in a quest to rescue the Princess Fiona for Lord Farquaad. This one is perfect for the whole family - the adventure makes it a fantastic kids movie, while the comedy means that it's a film which is loads of fun for parents too.

Hook (U)

Perfect for: kids aged 5-7 who are fans of fantasy movies.

This adaptation of Peter Pan by director Steven Spielberg is full of action-packed adventure. Robin Williams plays Peter Pan, who must return to Neverland to rescue his children from the evil Captain Hook.

The Wizard of Oz (U)

Perfect for: kids with a love for colourful characters.

One of the most famous family movies of all time, kids and grown-ups alike will love being able to get lost in the magical world this movie conjures up. If your young ones don't already know the tale of Dorothy's fantastical adventure in the land of Oz, you will love seeing them encounter these characters for the first time.

Kiki's Delivery Service (U)

Perfect for: Any young ones with a passion animation and supernatural stories.

Another one of Studio Ghibli's amazing animations, this film tells the story of Kiki, a young witch who uses her flying powers to deliver goods to people's houses. This heartwarming film is perfect for a movie night with the whole family.

Matilda (PG)

Perfect for: kids aged 7-12 who are fans of the stories of Roald Dahl.

This adaptation of Roald Dahl's classic kids' book is one of the best movies about kids. Matilda, a young girl who is misunderstood by her family, starts a new school and discovers her own magical powers. Kids will love the fun spectacle of Matilda using her powers, and parents will get a laugh out of the amazing comedy sequences starring Danny DeVito.

Only Yesterday (PG)

Perfect for: kids aged 8-12 who enjoy beautiful animations.

Only Yesterday is another creation from the Ghibli animation studio. So many of their movies are perfect for a family movie night, and this is no exception. As with the others on this list, Only Yesterday is full of remarkable animation, creating a rich world you might even want to live in yourself. What's more, this is an unusual film in that it's written for both young children and adults, so it's something the whole family can enjoy together. The drama follows Taeko, a young woman who recalls her childhood as she visits the Japanese countryside. This one is perfect for kids of every age.



Amazon Prime

Fantastic Mr. Fox (PG)

Perfect for: kids aged 5-12 who are fans of quirky, offbeat tales.

Another adaptation of a Roald Dahl book, this fresh animated take on the original novel promises loads of fun for all the family. For any kid, movies like this one are a treat - the wacky world created by director Wes Anderson is sure to spark their

imaginations, and Mr. Fox's adventures will excite and entertain. For parents, the charming animation and incredible voice work from stars such as George Clooney, Meryl Streep and Bill Murray mean this is a brilliant film to watch as a family.

Paddington (PG)

Perfect for: 5-10 year olds who enjoy light-hearted comedy.

This re-imagining of the classic tale of Paddington bear is one of the best new kids movies. Left alone in London and adopted by the Brown family, Paddington must try to find an explorer who knew his uncle while avoiding the wicked taxidermist Millicent Clyde. Features stars such as Sally Hawkins, Judi Dench and Ben Whishaw.

Paddington 2 (PG)

Perfect for: any 5-10 year old who loves both comedies and adventures - the second film in the Paddington series is equally hilarious and exciting, so any kid who was a fan of the first instalment will enjoy the sequel.

If your family loved the first Paddington movie, then why not make it a marathon and watch the newest entry in the series? The second film finds the marmalade-loving bear settled happily in London - as ever, it's full of adventures and laughs the whole family will enjoy.

Jumanji (PG)

Perfect for: Anyone who loves action-packed adventures.

A magical board game opens a portal to another world, and siblings Judy and Peter must get to the end of the game in order to free their new friend Alan, who has been trapped in the game for 26 years. One of the most exciting kids' movies of all time, this one promises endless fun.

The BFG (PG)

Perfect for: All ages who have an interest in fantastic creatures.

This new version of the Roald Dahl book brings the Big Friendly Giant to life - just like the book, this is an imaginative story about a girl named Sophie who forms an unlikely friendship with a giant. Full of charm and warmth, this is a movie that is perfect for a family night in.

Happy Feet (U)

Perfect for: little ones with a passion for nature.

This quirky movie about a dancing penguin called Mumble is a perfect feel-good movie. For any young one who is an avid fan of wildlife and nature, the film's stunning animation will be sure to entertain them. For parents, the lovable characters and the heartwarming story ensure that this is one of the best kids movies to watch as a family. With Robin Williams, Hugh Jackman and Nicole Kidman contributing voiceovers, it's also got a star-studded cast.

Apple TV

The Lion King (U)

Perfect for: Young ones who have a passion for the animal kingdom!

This classic Disney animated musical is a brilliant way to pass time with the family - kids will be enthralled by the drama of Simba trying to overcome his evil uncle Scar, while parents can enjoy the brilliant songs.

Moana (PG)

Perfect for: kids aged 5-9 who find adventure films exciting.

This Disney adventure film is packed full of excitement, including epic adventures across the sea and magnificent creature design. Moana sets out on an adventure with the demigod Maui, on a mission to save her people where they encounter huge monsters while crossing the sea. Kids who like a thrilling, action-packed adventure will find this movie special, and the whole family will enjoy the original songs composed for the movie.

Toy Story (PG)

Perfect for: Kids who like larger-than-life characters.

The classic Pixar movie is perfect for a family movie night. Sure to fire the imagination of your young ones, the movie is about the secret life of toys, who come to life when their owners aren't around. Kids will be enthralled by the adventures Woody and Buzz Lightyear get into, but it's also great fun for adults - packed full of brilliant jokes and laugh-out-loud moments, meaning this is one the best films to watch together as a family.

Harry Potter and the Philosopher's Stone (PG)

Perfect for: kids who are looking for an adventure.

You might suddenly have a chunk of spare time on your hands during the lockdown period, and what better way to make use of it than starting a marathon of the Harry Potter movies? Loved by grown-ups and kids alike, the first instalment in the series is full of adventure which will be enjoyed by all ages.

Spider-Man: Into the Spider-Verse (PG)

Perfect for: kids aged 5-12 with a love for superhero movies.

This animated take on the Spider-Man comic books is sure to enthrall any young ones - follow Miles Morales as he is transformed into Spider-Man, and has to save New York City from the villainous Kingpin. The animation is truly unique, and parents will get the chance to indulge their inner child with this incredibly fun entry into the classic comic-book canon.

E.T: The Extra-Terrestrial (U)

Perfect for: ages 6-12 who will enjoy a heart-warming science-fiction film.

This timeless classic tells the story of a young boy, Elliott, who befriends a kind alien named E.T. Elliott must hide E.T. while the government search for the alien, and help him to return to his home planet. No matter your age, this movie has something for everyone.



Now TV

Wall-E (U)

Perfect for: kids who want a science-fiction adventure.

This fantastic Pixar creation follows the story of Wall-E, the last robot left on Earth. When the robot EVE arrives, Wall-E sets out to save the planet from an evil mega-corporation who have left the earth a wasteland. Young ones will be engrossed in the amazing world created by the animators, and much like other Pixar films, this one has a heartfelt story at its core.

Labyrinth (U)

Perfect for: kids aged 6-12 who will enjoy a fantastical adventure movie.

This weird and wonderful fantasy movie is perfect for a family day in. Starring David Bowie, it tells the story of a girl who must rescue her brother from an enormous maze. Featuring amazing visuals, a cast made up almost entirely of puppets, and musical elements, this surprising picture is a top choice for a great family film marathon.

The Jungle Book (U)

Perfect for: young ones aged 4-8 who love fun adventures.

This classic Disney animation is full of fun, and is sure to be a hit with your young ones. Following the story of Mowgli, a boy raised by wolves in the jungle, this is full of fun songs which will entertain your young ones.

Maleficent (PG)

Perfect for: kids between 7 and 12 who enjoy fantasy movies.

This film is a twist on the classic tale of sleeping beauty. Told from the perspective of the villain of the story, Maleficent (voiced by a suitably evil-sounding Angelina Jolie), parents will this new take on a well-known tale, while the stunning visuals and brilliant performances will captivate younger viewers.

Dr. Seuss' The Lorax (U)

Perfect for: ages 4-9 with a love for colourful musical adventures.

This adaptation of the wacky Dr. Seuss story follows Ted, a boy who lives on a planet without nature. On his quest to find a Truffula tree, Ted stumbles across the story of the Lorax, and learns the story of how nature came to be destroyed by the Once-Ler. This is a feel-good story with an important message, and one which people of all ages will find heart-warming. Danny DeVito, Zac Efron and Taylor Swift contributed voice work to this movie.

Up (U)

Perfect for: ages 5-9 who will enjoy a film which is full of adventure.

This warm story of Carl Frederickson, a grumpy 78-year-old balloon salesman who goes on an adventure by tying thousands of balloons to his house, is sure to fire imaginations among your kids. Carl encounters a problem, however when he discovers that a young boy by the name of Russell has decided to join him on his adventure. Full of charm, this one is one of the best picks if you are looking for an uplifting film to watch with your family.