

Relationships					
HT1	Year 7	Year 8	Year 9	Year 10	Year 11
6.9.24	Relationships – looking ahead	Relationships - looking ahead	Relationships – looking ahead	Relationships – looking ahead	CEIAG – Meet your Careers Advisor (assembly in canteen)
13.9.24	Starting Secondary School	Confidence	Peer Pressure	CEIAG – Work Experience (assembly in Hall)	CEIAG – Whalley Range Sixth Form (assembly in canteen)
20.9.24	ICT User Agreements				
27.9.24	Mixing With Other Year Groups	Knife Crime 1	Being Assertive	Women As Leaders – Fields of Work	CEIAG – Loreto College (assembly in canteen)
4.10.24	Respect for All	Knife Crime 2	Managing Emotions	Women As Leaders – Maternity Discrimination	Academic Tutorial preparation
Thursday 10 th October Focus Morning	<ul style="list-style-type: none"> Friendship My Changing Body 	<ul style="list-style-type: none"> Online Bullying The Internet and Me 	<ul style="list-style-type: none"> Conflict Resolution Mindfulness 	<ul style="list-style-type: none"> Abuse Respectful Relationships 	<ul style="list-style-type: none"> Contraception Sexually-Transmitted Infections
11.10.24	Respect in the Community	Stereotypes	HoP assembly (in Hall)	Positive Discrimination	Alton Towers
18.10.24 Y11 Progress Evening on the Wed	Looking After Animals	Black History Month - Stereotypes	Black History Month – Black People in Film and Music	Women As Leaders – Representation	CEIAG – Parrs Wood Sixth Form (assembly in canteen)

Relationships					
HT2	Year 7	Year 8	Year 9	Year 10	Year 11
8.11.24	Bonfire Night	*Understanding Young Children's Brain Development	Identity at Birth and Gender	Academic Tutorial preparation	*Getting tested for STIs
15.11.24 AB Week	AB Week – Kindness	HoP assembly (in Hall)	AB Week - the science of kindness	AB Week – Harassment	AB Week – Golden Rule
22.11.24 Thurs 21 st – Y10 Progress Evening	Expressing Personality	*Expressing Disagreement	Expressing Yourself Online	Freedom of Expression	Being Male
29.11.24	Sense of Belonging	*Equality (taken from FD1)	Anti-Social Behaviour	Sharing of Indecent Images	Deepfakes

6.12.24	Cross-Trust INSET				
Mon 9 th Dec Focus Time	<ul style="list-style-type: none"> • Different Families • *How Relationships Change Over Time • Radicalisation 	<ul style="list-style-type: none"> • *Marriage and Long-term Commitments • Representation • Human Rights 	<ul style="list-style-type: none"> • True Friendships • New Relationships • Being A Parent 	<ul style="list-style-type: none"> • Body Confidence • The Law and Me • Forced/Arranged Marriage 	<ul style="list-style-type: none"> • Personal Health • Consent in Relationships • *Viewing Harmful Materials
13.12.24	Academic Tutorial preparation	Filter Bubbles	*Different Relationships (taken from FD1)	Love or Leave	*Sexual Pressure
20.12.24 Xmas parties	Co-Headteachers' message	Co-Headteachers' message	Co-Headteachers' message	Co-Headteachers' message	Co-Headteachers' message

Self-Care					
HT3	Year 7	Year 8	Year 9	Year 10	Year 11
10.1.25	Self-Care – looking ahead	Self-Care – looking ahead	Self-Care – looking ahead	Self-Care – looking ahead	Self-Care – looking ahead
17.1.25 Tues 14 th – Y7 Progress Evening	Data Reflection	Data Reflection	Data Reflection	Data Reflection	HoP assembly in canteen
24.1.25	Respect and Self-Respect	Screen time	Avoiding Loneliness – Connecting with the World Around Us	*Sexual Harassment	Data Reflection
31.1.25	Avoiding Loneliness – Connecting with Others	Avoiding Loneliness – Connecting with Ourselves	Options (assembly in canteen)	*Dealing with sexism	*Budgeting (taken from FD2)
7.2.25	Different Sanitary Products	A Healthy Breakfast	*Healthy Snacks	HoP assembly in canteen	*Student Finance (taken from FD2)
Focus Morning Tuesday 4 th Feb	<ul style="list-style-type: none"> • Personal Hygiene • Injury Prevention 	<ul style="list-style-type: none"> • *Menstrual and Gynaecological Health • Dental Health 	<ul style="list-style-type: none"> • First Aid practical • First Aid theory 	<ul style="list-style-type: none"> • *FGM 	<ul style="list-style-type: none"> • Pregnancy Choices • *Pregnancy Health

14.2.25 Tues 11 th Safer Internet Day	Safer Internet Day – Stop and Think	Academic Tutorial preparation	Safer Internet Day – Send or Don't Send	Gambling	PPE Reflection

Self-Care					
HT4	Year 7	Year 8	Year 9	Year 10	Year 11
28.2.25	International Women's Day	International Women's Day	International Women's Day	International Women's Day	International Women's Day
7.3.25 Mon 3 rd – Y8 Progress Evening	Careers Week	Careers Week	HoP assembly (in Hall)	Careers Week	Careers Week
14.3.25	The Importance of Sleep	*Healthy Body/Healthy Mind (taken from FD2)	Poo, Goo and You	Work experience (assembly in canteen)	Stress-busting
21.3.25	Hazards Around the Home	Road Safety	Water Safety	*Hazards Around the Workplace	*Hazards Around Town
28.3.25	*Online Circulation	HoP assembly in canteen	Body Image	*Risky Behaviour (taken from FD2)	*University Life
Wed 26th - Focus Time	<ul style="list-style-type: none"> Emotional Vocabulary Mental Health Worry Box 	<ul style="list-style-type: none"> Healthy Eating Food Fads A Weekly Food Shop 	<ul style="list-style-type: none"> Positive Psychology Working With Worry *The NHS and Me 	<ul style="list-style-type: none"> Alcohol *Drugs (inc. prescription drugs) Smoking 	<ul style="list-style-type: none"> Budgeting Balancing Work and Play Interviews
4.4.25 MCD	Multicultural Day	Multicultural Day	Multicultural Day	Multicultural Day	Multicultural Day

Planning for The Future					
HT5	Year 7	Year 8	Year 9	Year 10	Year 11
25.4.25	Planning for the Future – looking ahead	Planning for the Future – looking ahead	Planning for the Future – looking ahead	Planning for the Future – looking ahead	Planning for the Future – looking ahead

2.5.25	HoP assembly (in Hall)	Data Reflection	Data Reflection	Pupils out on work experience	Data Reflection
9.5.25	Multicultural Day	Multicultural Day	Multicultural Day	Multicultural Day	Multicultural Day
16.5.25	IDAHT	IDAHT	IDAHT	IDAHT	IDAHT
23.5.25	Earth Day - Truth	Earth Day - Statistics	What do you look like online?	Data Reflection	GCSE Information

Planning for The Future					
HT6	Year 7	Year 8	Year 9	Year 10	Year 11
6.6.25	Using the Internet Positively	Reading A Clock	My First Job	CV Writing	Politics
13.6.25 Thurs 12 th – Y8 Progress Evening	An Open Internet	Using Public Transport	Payslips	HoP Assembly (in hall)	
20.6.25 Injury Prevention Week	Reflecting on Year 7	Volunteering	Tax	Life Coach	
27.6.25	Good Manners	Informal and Formal Manner	Telephone Manner	Public Speaking	
4.7.25	Hideout Zone	Duke of Edinburgh	National Wage and Living Wage	Pupils at Stepping into the Future	
Fri 4 th - Focus Day	<ul style="list-style-type: none"> Managing Money Borrowing Money Cafe 	<ul style="list-style-type: none"> Influencing Spending Critical Consumer Conscious Consumer Employment 	<ul style="list-style-type: none"> Financial Risk x 2 Personal Organisation Types of Employment 	<ul style="list-style-type: none"> Stepping Into The Future 	
11.7.25	Planning for the Future – looking back	Planning for the Future – looking back	Planning for the Future – looking back	Planning for the Future – looking back	
18.7.25	Last day – form parties				

Can be added to a current session

- Unregistered religious ceremony.
- Online risks including that any materials someone provides to another has the potential to be circulated online.
- Sexual harassment, revenge porn, up skirting, public sexual harassment and unsolicited sexual language attention touching
- Rape and sexual assault.
- How to avoid putting sexual pressure on others
- Importance of and facts about testing.
- Nicotine and non-nicotine vaping including potential harm to the developing adolescent brain.
- **Needs a new session**
- How families and relationships change overtime including through birth death, separation and new relationships
- Successful parenting + Early years of a child's life for brain development.
- What constitutes harmful sexual behaviour and why that behaviour is unacceptable emphasising that it is never the fault of the person experiencing it
- Female genital mutilation, virginity testing and hymenoplasty
- The dangers of drugs which are prescribed but still present serious health risks
- How and when to self-care for minor ailments and the role of a pharmacist is knowledgeable healthcare professionals how to navigate their local healthcare system. What a GP is, when to use accident and emergency, accessing sexual health and family planning clinics, the role of local pharmacies,
- the importance of healthy behaviours before during pregnancy including pelvic floor health, information on miscarriage and pregnancy loss, and how to access care and support.
- Personal safety increasingly independent situations, such as railways, unfamiliar social or work settings, first time young person goes on holiday without their parents

- about menstrual and gynaecological health including what is an average period, period problems such as premenstrual syndrome heavy menstrual bleeding endometriosis and polycystic ovary syndrome and went to seek help from a healthcare professional